



PRASAD INSTITUTE OF MEDICAL SCIENCES, LUCKNOW

Foundation course

MBBS (Batch 2021-22)

Based on Foundation Course Module 2019, as per recommendation of NMC

This document contains aim, objectives and schedule of foundation course for MBBS Batch (2021-22). It also contains details of resource faculties and their responsibilities.

1. Structure of the program for students

Subject / content	Teaching Hours	Colour Coding
1.Orientation	30	
2.Skill Modules	35	
3.Visit to Community Health Centre	08	
4.Professional Development and Ethics	40	
5.Sports and Extracurricular Activities	22	
6.Enhancement of Language/Computer Skills	40	
7. Pandemic module (history of pandemic)	02	
Total Duration	177	

2. Duration

Foundation Course is of one month duration, compulsory and an attendance of 75% will be mandatory.

3. Curricular Governance and Evaluation

Headed By	Dr. R.R Sukul
Supervised by	Dr. R.R Sukul Dr. Sushma BJ Dr. Abha Gupta Dr. Rajveer Singh Chourasia Dr. Neelima Singh Chauhan Dr. H.S Nagar Dr. A. C Rajpurohit Dr. H.O Dixit Dr. Manu Dr. Naneet kumar Dr. Shipra Gupta Dr. Sushil Kumar

4. Course Schedule

Day	9-10 AM	10-11 AM	11-12 AM	12-01 PM	02-03 PM	03-04 PM	04-05 PM
Day 1	Reporting to college. (Dr. Neelima Singh Chauhan/ Dr Hari Om Dixit)	Reporting to college. (Dr. Neelima Singh Chauhan/ Dr Hari Om Dixit)	PIMS(LEGACY) & Welcome-Chairman sir/ Principal sir.		Student-teacher and Staff interaction. (ALL HOD'S, Faculty members)	Introduction to Anti – Ragging Committee. (Dr. H.S Nagar/Dr Neelima Singh Chauhan)	Prevention of discrimination of gender/caste/ disability (Dr. A.C. Rajpurohit/Dr Sushma BJ)
Day 2	Morbidity and its status in community (Endemic/Epidemic /Pandemic) (Dr. A.C. Rajpurohit)	Orientation to Campus/Facilities/Faculties/ Administrative block/Supportsystem/ Processes of the institution (FC1.5) (Dr.S.B Mishra/Dr.Manu/Mr.Sultan Ahmed)		Departmental orientation COMMUNITY MEDICINE (batch wise) (Dr. A.C. Rajpurohit)	Departmental orientation ANATOMY (batch wise) (Dr. Rajveer Singh Chourasia)	Departmental orientation PHYSIOLOGY (batch wise) (Dr. Abha Gupta)	Departmental orientation BIOCHEMISTRY (batch wise) (Dr. Ashish Chandna))
Day 3	Understanding the Roles of IMG and relate it to the societal impact. (FC1.2) (Dr. A.C. Rajpurohit)	Understanding the Role of doctors in the society and their impact. (FC 1.1) (Dr. Abhishek Kumar)	Rules and regulations of the institution. (FC1.4) (Dr. Dr Neelima Singh Chauhan)	Career pathways and opportunities for personal growth. (FC1.6) (Dr. H.S Nagar)	History of Pandemics- II (Dr.A.C.Rajpurohit)	Familiarization with computer System (FC 5.4) (DR. Shashank Keerti/Mr. Pramod Kumar)	
Day 4	National health priorities, programmes and policies. (FC1.8) (Dr. H.O Dixit)	Understanding the role of physician at various level of Health care delivery (FC1.8) (Dr A.C. Rajpurohit)	Overview of MBBS curriculum, Structure & outcome (FC1.7) (Dr. Sushma BJ/ Dr. Manu)		Personal Grooming & Self Care. (Dr. Neelima Singh Chauhan)	Yoga (Dr. H.O Dixit)	
Day 5	Awareness about the History of medicine (FC1.10) (Dr. A.C. Rajpurohit)	Alternate systems of medicine (FC 1.10) (Dr. Abhishek Kumar)	GMR &CBME and its relation to the career pathways (FC1.7) (Dr. Sushma BJ/Dr. Shipra Gupta)		Windows on Desktop & working with built and Installed application. (FC5.4) (Dr. H.O Dixit/Mr.Brijesh/Mr. Pramod Kumar)		
Day 6	Medical specialties and subspecialities- (Dr. Ashish Srivastva)	Principles of family practice (FC1.9) (Dr. A.C Rajpurohit)	Discuss expectation of IMG from nation, society, colleagues, institutions, peers, patients and vice versa. (FC1.3) (Dr A.C Rajpurohit/Dr H.O Dixit/Dr Kanchal Lata)		Basic communication skills(FC5.1) (Dr. H.O. Dixit)		
Day 7	Sports (Dr S B Mishra/Dr Manu)		Extra Curricular Activities (Dr S B Mishra/Dr Manu/Dr Sharad Kumar Singh)				

Date	9-10 AM	10-11 AM	11-12 Noon	12-01 PM	02-03 PM	03-04 PM	04-05 PM
Day 8	Universal Precaution- Hand washing/Personal Hygiene/PPE and its use (FC 2.3 & 2.5) (Dr. Rajesh Yadav/Dr.Neelima Singh Chauhan/Dr. Abhishek Kumar)				Use of external devices on your desktop (FC 5.4) (Mr. Brijesh/Mr Pramod)	Yoga (Dr. H.O Dixit/Dr. Satyendra Mishra)	
Day 9	Radiation and Biosafety (FC2.3) (Dr. Ragini Singh/Dr. Akansha)	Family welfare and PNDT. (Dr. Neelima Singh Chauhan)	Immunization schedule and importance for health care professionals. (FC2.8) (Dr. H.O Dixit/Dr. Ashok Kumar)		Use of Word Processor (FC 5.4) (Dr. H.O Dixit/Mr Pramod)	Yoga ((Dr. H.O Dixit/Dr. Satyendra Mishra)	
Day 10	First Aid /BLS- -(A Batch – First Aid, B Batch – BLS) (FC2.1/FC2.2) (First Aid- Dr. H.S Nagar/Dr. Ashish, BLS – Dr S.S. Negi/ Dr. R.L Vaid)				Listening skills(FC5.2) (Dr. H. O Dixit)	Working with Spread sheet (FC 5.4) (Mr. Shashank Kirti/Mr Pramod Kumar)	Yoga ((Dr. H.O Dixit/Dr. Satyendra Mishra)
Day 11	First Aid/ BLS -- (B Batch – First Aid, A Batch – BLS) (FC2.1/2.2) (First Aid- Dr. H.S Nagar/Dr. Ashish, BLS – Dr S.S. Negi/ Dr. R.L Vaid)				Working with Power point (FC 5.4) (Mr. Shashank Kirti/Mr Pramod Kumar)	Importance of empathy in communication skills (FC 5.1) (Dr. H.O Dixit)	Yoga (Dr. H.O Dixit/Dr. Satyendra Mishra)
Day 12	Handling of Biohazard material. (FC2.4) (Dr. Abhishek Kumar/Mr. Sultan Ahmed)		Needle stick injury/hospital injury- Hospitalpractices and management(FC2.6) (Dr. Rajesh Yadav)		Demonstrate use of Local language in Patient and Peer Interaction. (FC5.2) (Dr. H.O. Dixit)		
Day 13	Visit to emergency, medicolegal case, ambulance referral. (FC 2.2) (Dr.Ashish/Dr.Rinki Shrivatsav)		BMW Management(S) / Hospital visit. (FC2.7) (Dr. Rajesh Yadav/ Dr. Abhishek kumar)		Use of internet and work online(FC5.5) (Mr. Reehan Ahmed/Mr. Pramod Kumar)	Communication skill & barriers to communication (FC 5.1) (H.O. Dixit)	
Day 14	S	U	N	D	A	Y	

Date	9-10 AM	10-11 AM	11-12 Noon	12-01 PM	02-03 PM	03-04 PM	04-05 PM
Day 15	Visit to immunization clinic. (FC2.8) (Dr Sharad Kr. Singh/Dr. H.O Dixit/Dr. Ashok Kumar)				Confidentiality in pt. care. (Ethics) (Dr. Ashok Rawat)	Importance of English in medical Profession(FC5.3) (Dr. Sushma BJ)	
Day 16	Visit to blood bank/ Blood Donation (FC 2.6) (Dr. Neeta Kapoor)	Importance of Documentation in patient care and its significance. (FC2.9) (Dr. H.S. Nagar/Dr. H.O. Dixit/Mr. Kaushlendra Srivastava)			Informed consent (Ethics/Prof.) (Dr. Neelima Singh Chauhan)	How to write application (FC 5.3) (Dr. H.O. Dixit)	
Day 17	Visit to skill lab/Museum/Dissection table (Dr. Manjari/Dr. Rajeev Singh Chourasia/Dr. Shipra Gupta)				Medico legal Issues (Ethics/Prof.) (Dr. Rinki Srivatsav)	Importance of good communication in medicine. (FC 5.1) (Dr. H.O. Dixit)	How to write essay (FC 5.3) (Dr. A.C. Rajpurohit)
Day 18	National Health: goals and policies(FC3.1) (Dr. H.O Dixit)	National health Scenario(FC3.2) (Dr. A.C Rajpurohit)	Comprehend the learning pedagogy and its role in learning skills (Dr. H.S Nagar)	Consequences of unprofessional and unethical behavior. (FC4.1) (Dr. A.C Rajpurohit)	Medical Negligence (Ethics/Prof.) (Dr. Rinki Srivatsav)	How to write summary? (FC 5.3) (Dr A.C. Rajpurohit)	
Day 19	Principles of community health. (FC3.4) (Dr. Kanchan Lata)		Health care systems in India. (FC3.3) (Dr. H.O. Dixit)	Community Health Center. (FC3.5) (Dr. H.O. Dixit)	Community Health Center(FC3.5) (Dr. H.O.Dixit)	Interaction with patients and families communities. (FC3.6) (Dr. A.C.Rajpurohit)	Extra Curricular Activities (Dr. Neelima Singh Chauhan)
Day 20	Professionalism and Ethics (FC4.1) (Dr. A.C Rajpurohit)	Altruism as a virtue of a Physician(FC4.2) (Dr. Ashish Srivastava)		Understanding of the process of group learning and dynamics(FC4.12) (Dr. H.O.Dixit)	Observe patient and family interaction- video/role play (Dr A.C. Rajpurohit)		Extra Curricular Activities (Dr. Neelima Singh Chauhan)
Day 21	Sports (S.B Mishra/Dr. Manu/Dr. Sharad Kumar Singh)						

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Day 22	The role of yoga and meditation in personal health(FC4.8) (Dr. Sushma BJ)	The value of honesty and respect during interaction with peers, seniors, faculty. (FC4.3) (Dr.R.R Sukul)	Mental Health Matters and stress Management(FC4.7) (Dr.S.B Mishra)	Components of Cultural competence(FC4.6) (Dr.A.C Rajpurohit)	Medical terminology (FC 5.3) (Dr. Rajeev Singh Chourasia)	Yoga (Dr. Satyendra Mishra)	
Day 23	The significance and methods of stress management and risk taking behavior(FC4.7) (Dr S.B Mishra))	Importance of interpersonal relationship while working in a health care team(FC4.10) (Dr. H.O. Dixit)	Working in as a health care team (FC4.4) (Dr. H.O. Dixit)	Maintaining professionalism in social media communications (Dr. Sushil Kumar)	Disability Competency (FC4.5) (Dr. Ashok Rawat)	Medical terminology (FC 5.3) (Dr. H.S. Nagar/ Dr. Pawan Banga)	
Day 24	Disability Competency. (FC4.5) (Dr. Ashok Rawat)	Disability Competency(FC4.5) (Dr. S.B Mishra)	Disability Competency Visit or SGD(FC4.5) (Dr . Kandappa Yadav)		Disability Competency SDL(FC4.5) (Dr. Gurusimran)		Medical terminology (Dr. Rajeev Singh Chourasia/Dr. H.S Nagar)
Day 25	Nutritional role in hospital & What should you eat? (Dr. Abhishek Kumar)	TIME MANAGEMENT-Importance of time Management, Prioritization, Distractions and Interruptions (FC 4.9) (Dr. R.R Sukul/Dr. H.S Nagar)		Medical terminology (FC 5.3) (Dr. Neelima Singh Chauhan)	Medical terminology (FC 5.3) (Dr. Nidhi Singh)	Extra curricular Activities ((S.B Mishra/Dr. Manu/Dr. Sharad Kumar Singh)	
Day 26	Interactive lecture on Mentoring (4.11) (Dr. Sushil Kumar)	Understand Collaborative Learning. (FC4.15) (Dr. Abha Gupta)	Demonstrate understanding of different methods of self-directed learning(FC4.14) (Dr. Sushma BJ)		Introduction to Ethics Committee (Dr A.C. Rajpurohit)	Medical terminology (FC 5.3) (Dr Manjari/ DrAnshu/Dr. Shipra Gupta)	
Day 27	Introduction to research- Research Ethics (Dr. A.C Rajpurohit)		Medical terminology (FC 5.3) (Dr Abha gupta/Dr Tripti Tripathy)		WHITE COAT CEREMONY (Dr. Neelima Singh Chauhan/Dr. S.B Mishra/Dr. Manu/Dr. Sharad Kumar)		
Day 28	S	U	N	D	A	Y	

5. Breakup of contents by field / area of curriculum

<p><u>1. Orientation Module: (30 hours)</u></p> <p>1A. Introduction to institution/ campus/ facilities 1B. Role of doctors in the society 1C. History of Medicine and alternate systems 1D. IMG roles / overview MBBS curriculum various career pathways 1E. Principles of family practice</p>	<p><u>3. Community orientation module: (8 hours)</u></p> <p>3A. National Health goals and policies/ health Care systems/ community health 3B. Interactions with patients and families, Communities.</p>	<p><u>5. Enhancement of Language and Computer Skills Module</u></p> <p>5A. Communication 5B. Local Language training 5C. English Language training 5D. Computer Skills training</p>
<p><u>2. Skills Module: (35 hours)</u></p> <p>2A. First Aid 2B. BLS 2C. Universal precautions 2D. Waste management 2E. Immunization 2F. Documentation</p>	<p><u>4. Professional Development and Ethics Module (P&E): (40 hours)</u></p> <p>4A. Concept of Professionalism and Ethics 4B. White coat Ceremony 4C. Professional behavior and altruistic behavior 4D. Working in a health care team 4E. Disability competencies 4F. Cultural competence 4G. Stress management 4H. Time management 4I. Interpersonal relationship 4J. Learning</p>	<p><u>6. Sports and extracurricular activities: (22 hours)</u></p> <p>Sports should be for a mandatory 4 hours per week and extra-curricular activities 2 hours per week, subject to a total of 22 hours.</p> <hr/> <p><u>Pandemic module (02 hours)</u></p> <p>-History of outbreaks of pandemics</p>